

FALL WEEKEND RETREAT AT BAILEY FARMS

OCTOBER 1 – 3, 2010

A meditation retreat in a beautiful setting just forty minutes from Wyckoff. **Roshi Paul Genki Kahn** will be leading the retreat. Koan Study, Dharma Talks and Movement Practice will be included along with our meditation. Both experienced and beginning newcomers are more than welcome to attend for the entire weekend or for one day.

Please inquire about scholarships if financial pressures will make it difficult to attend. The teachers and board of directors of Zen Garland want everyone to have the opportunity to deepen their practice on retreats.

Place: Bailey Farms
23 Barnes Rd.
Ossining, NY 10562
Directions: www.baileyfarms.org

Time: Friday, 7:00 p.m. – Sunday, 4:00 p.m.

Fees:	shared room	\$200.00 members/\$250.00 non-members
	single room (if available)	\$270.00 members/\$320.00 non-members
	one day/no overnight	\$50.00

Register: Please email the office as soon as possible at office@zengarland.org.
A \$50.00 deposit is required.

- ◆ The weekend starts on Friday at 7.00pm unless designated otherwise. You may arrive anytime after 5pm.
- ◆ **Retreats are silent.**
- ◆ Meals will be provided for by retreat participants (Saturday and Sunday).
- ◆ Coffee, tea and water will be available throughout the day.
- ◆ The retreats end Sunday afternoon.
- ◆ Suggested items to bring for overnight stays: alarm clock, flashlight and appropriate shoes and clothing for outside kinhin.

More: For additional information, contact the retreat coordinator at office@zengarland.org or leave a message at (201) 891 – 9100.

Blessings, Retreat Coordinator Zen Garland