

Living Now Group  
Thursdays at 7:30

The Tolle Living Now Group has been meeting weekly since 2004

Those who attend the Living Now Group are united by the teachings of Eckhart Tolle which are profound yet simple. An essential aspect of his teachings is transcending our ego-based state of consciousness and being present Now.

Group format begins with silent meditation, viewing Eckharts monthly web presentation, and review of the Power of Now and New Earth. We have personal sharing with out comments. Closing Silence and ritual. We share socially with two yearly gatherings.

For more information concerning the Living Now Group please call office 201-891-9100 or e-mail group facilitator Sensei Ann Ankai Wagner [ann.wagner@mac.com](mailto:ann.wagner@mac.com)

